

# In-Network & Out-of-Network Insurance Plans

McCrimmon Primary Care Plus participates with most major insurance carriers. While this list is extensive, insurance participation can vary by plan type, employer group, or product. We strongly recommend confirming coverage directly with your insurance company prior to your visit.

## Aetna

### In-Network

- Aetna Choice POS II
- Aetna Duke Basic
- Aetna Duke Select
- Aetna Elect Choice
- Aetna EPO
- Aetna HMO
- Aetna Medicare Advantage
- Aetna Meritain
- Aetna Open Choice PPO
- Aetna Select
- Aetna State Health Plan (SHP)
- Aetna / First Health Network
- Aetna WholeHealth
- Open Access Aetna Select

### Out-of-Network

MPCP is not aware of any Aetna plans that are out-of-network; however, coverage can vary and should be confirmed with Aetna.

## Cigna Healthcare

### In-Network

- Cigna EPO
- Cigna HMO
- Cigna Open Access + Carelink
- Cigna Open Access HMO
- Cigna Open Access POS
- Cigna Open Access OAP
- Cigna Open Access Plus
- Cigna PPO
- Great West Healthcare – Cigna
- HealthSpring Medicare 2026

### Out-of-Network

- Cigna Connect

## Blue Cross Blue Shield

### In-Network

- Anthem BCBS
- BCBS Blue Select
- BCBS Federal Employee Program (FEP)
- BCBS of NC (HMO, POS, PPO)
- Blue Home
- Blue Home with UNC Health Alliance
- Blue Medicare Advantage
- Blue Value
- CareFirst BCBS
- Healthy Blue

### Out-of-Network

- Any BCBS plan **without "PPO" listed in the suitcase** (bottom right corner of card)
- BCBS HPN (High Performance Network)

## Humana

### In-Network

- Humana Choice Care
- Humana Choice PPO
- Humana Gold / Gold Plus / HMO Plans
- Humana Indemnity
- Humana PPO

### Out-of-Network

MPCP is not aware of any Humana plans that are out-of-network; however, coverage can vary and should be confirmed with Humana.

Visit Our Website  
for More Information



# In-Network & Out-of-Network Insurance Plans

## MedCost

### In-Network

- MedCost Benefit Services
- MedCost Preferred

### Out-of-Network

MPCP is not aware of any MedCost plans that are out-of-network; however, coverage can vary and should be confirmed with MedCost.

## Tricare

### In-Network

- CHAMPVA
- Tricare

### Out-of-Network

MPCP is not aware of any Tricare plans that are out-of-network; however, coverage can vary and should be confirmed with Tricare.

## Medicaid

### • In-Network - All Medicaid Plans

- |                              |                             |
|------------------------------|-----------------------------|
| • Alliance Health            | • Partners                  |
| • AmeriHealth Caritas        | • Trillium Health Resources |
| • Carolina Complete          | • UHC Community Plan        |
| • EBCI Tribal Option         | • Vaya Health               |
| • Healthy Blue               | • WellCare                  |
| • Healthy Blue Care Together |                             |
| • NC Medicaid Direct         |                             |

### Out-of-Network

MPCP is not aware of any Medicaid plans that are out-of-network; however, coverage can vary and should be confirmed with Medicaid.

## United Healthcare

### In-Network

- |                          |                                      |
|--------------------------|--------------------------------------|
| • AARP Medicare Complete | • UHC Core                           |
| • Golden Rule            | • UHC Navigator                      |
| • OneNet PPO             | • UHC of the River Valley            |
| • OptumHealth            | • UHC Heritage                       |
| • Oxford Health Plans    | • United Medical Resources (UMR)     |
| • UHC Choice             | • UHC Medicare (HMO, POS, PPO, RPPO) |
| • UHC Choice Plus        | • UHC One                            |
| • UHC Community Plan     |                                      |
| • UHC Compass            |                                      |

### Out-of-Network

- |                                      |                         |
|--------------------------------------|-------------------------|
| • UHC All Savers Alternative Funding | • UHC Secure Horizons   |
| • UHC Travelers                      | • UHC Student Resources |

## Medicare

### In-Network

- |                      |                     |
|----------------------|---------------------|
| • Medicare Advantage | • Railroad Medicare |
| • Original Medicare  | • WellCare          |

### Out-of-Network

MPCP is not aware of any Medicare plans that are out-of-network; however, coverage can vary and should be confirmed with Medicare.

## Other

### In-Network

- |                              |                |
|------------------------------|----------------|
| • Alignment Health           | • First Health |
| • Ambetter                   | • Multiplan    |
| • Corporate Benefit Services |                |